

Training Record Night Diving

Name, First Name _____

Address _____

Date of Birth _____

E-mail _____

I hereby agree that the information indicated on this Training Record may be stored and transferred electronically to International Aquanautic Club GmbH & Co. KG as evidence of formal training in order to receive certifications/diploma.

Date _____ Signature of Participant (Minors with Parents / Legal Guardians) _____

1 Prerequisites and Formalities

Date	Participants Signature	Instructors Signature
1.1 Proof of CMAS * certification or similar. Minimum age of 12 years		
1.2 Proof of a valid Diving Medical ²⁾		
1.3 Proof of a Speciality Course: Navigation		
1.4 Application as well as participation terms and insurance procedures for Scuba Diving discussed and agreed. The participant has been informed that training is not complete until he/she has mastered all points listed below ³⁾		

- 1) Similar according to the current IAC-equivalence list or with comparing with organizations / certifications that are not list in the equivalency list. These are determined by the instructor by suitable measures (eg review of the most important exercises/skills).
- 2) Must submit an appropriate medical certificate or submit the standardized form in the current version, see RSTC form ‚Medical Statement‘ that has been completed properly and truthfully. (also pay attention to National regulations)
- 3) For minors, all points must be discussed and countersigned with parents or legal guardians.

2 Theoretical Education

The candidate should be familiar with the theory and practice of safe planning, preparation and execution of Night Dives.

Date	Participants Signature	Instructors Signature
2.1 Selection and evaluation of night diving sites		
2.2 Dive planning and preparation		
2.3 Night diving equipment, especially technology lamp (light intensity, combustion duration, number, glow sticks)		

2.4 Changing conditions with night dives
2.5 Safety precautions (eg. marking the exit point, uw-night characters)
2.6 Emergency planning
2.7 Tools for the uw-navigation
2.8 Night dives from the boat
2.9 Biological peculiarities during a night dive
2.10 Water protection
2.11 Completed and confirmed knowledge of theoretical training

Date	Participants Signature	Instructors Signature

3 Practical Training

The dives are to be preferably carried out from land in current-free water in a maximum depth of 15 meters. The first dive is to start in safe and shallow shore area without or with very little vegetation (plants, coral) at sunset. The second dive is to start the next day in the dark and must include the independent action of students. Deco dives are to be performed in principle.

3.1 Selection of the dive site, shore conditions, entry and exit options
3.2 Planning a night dive spot
3.3 Safety precautions in accordance with the theoretical preparation
3.4 Navigation (compass, terrain, moon and light signals)
3.5 Special features of diving from the boat
3.6 Completed and knowledge confirmed

Date	Participants Signature	Instructors Signature

4 Certification Card

4.1 The instructor will discuss the current level of performance and training opportunities with the applicant at the end of the course
4.2 Completed and signed acceptance card (PIC) IAC Night Diving

Date	Participants Signature	Instructors Signature